

Motivational Techniques for Managers



making a positive difference to people and organisational performance

Duration: 1 Day

Overview: This course will give managers an understanding of what motivation is and how it works. You will develop knowledge and understanding of self motivation and motivating others by considering a selection of motivation methods.

Designed for: This course is designed for practicing managers who are responsible for motivating and developing staff.

Objectives: By the end of this course you will

- Understand what motivation is and how it works.
- Understand how we feel when we are de-motivated
- Be able to briefly outline classic motivation theories and what they really mean
- Understand that different people are motivated by different things (inter-personal motivation)
- Be able to explain how to apply a recognised theory of motivation to people in your workplace
- Understand motivation techniques
- Be able to review whether we help or hinder motivation within your workplace
- Be able to prepare an action plan to apply the course material in your workplace

Method: Learning will take place in a safe and supportive environment and you will learn by group discussion and various practical exercises.

This course can be run exclusively and tailored to suit your company's specific learning requirements and organisational needs. Costs are dependent on number of days required and bespoke content

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